

Spiritual - Living Your Values & Beliefs

His divine power has given us everything we need for life and godliness... he has given us his very great and precious promises, so that through them you may participate in the divine nature... 2 Peter 1:3-4

What is Spiritual Balance?

Spiritual Balance is continually growing in our faith and becoming more and more like our Creator. We do so by progressing daily towards a fuller personal relationship with Father God so that we may continue to unlock the treasures He has for us that are effective for world impact.

Factors for Consideration

On a scale of 1-5, with 1 being an area needing much improvement and 5 being an area needing no improvement, rate yourself on these aspects. These are the 'key factors' in the "goal-setting" areas of your life. If the factor does not apply to you, simply write N/A (non applicable) in this space provided. Based on your response to these factors you are now ready to further rate yourself in the Spiritual spoke on your [Wheel of Life](#).

- _____ faith
- _____ inner peace
- _____ influence on others
- _____ spouse relationship
- _____ church involvement
- _____ sense of purpose
- _____ attitude for giving
- _____ prayer
- _____ Bible study
- _____ other

Strategies to enhance Spiritual Balance

- Be convinced about God's love for you
- Renew yourself daily through prayer, rest & reflection
- Make an effort to give to others through volunteering
- Practice humility
- Extend grace as often as possible

Be grateful for all that you have

Covenant Church Resources

Short-Term Missions

Covenant Life Coaching

Celebrate Recovery

Intercessory Prayer

Search for Significance Class

Kingdom Transformation Class

Fresh Start Class

Prayer Life Teams

Covenant Training Institute School of Ministry

Life Team Leadership Training

CARE Caller

Young Adult Mentorship