

Career - Working toward Your Future Goals

For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future. Jeremiah 29:11

What is Career Balance?

Career Balance is about expanding knowledge, creating networks and continually working towards achieving professional, educational and vocational goals in a healthy way.

Factors For Consideration

On a scale of 1-5, with 1 being an area needing much improvement and 5 being an area needing no improvement, rate yourself on these aspects. These are the 'key factors' in the "goal-setting" areas of your life. If the factor does not apply to you, simply write N/A (non applicable) in this space provided. Based on your response to these factors you are now ready to further rate yourself in the Career spoke on your [Wheel of Life](#).

- _____ like what I do
- _____ understand my job
- _____ co-worker relationships
- _____ productivity
- _____ understand company goals
- _____ appreciate company benefits
- _____ opportunity for advancement
- _____ career transition
- _____ well-trained for my job
- _____ other

Strategies to Enhance Career Balance

Seek out resources that will help you make decisions

Partner with friends and peers with similar goals and support one another in achieving them

Network with new people to help you chart your course

Invest in yourself! Get the tools, training and education that will take you to the next level

Be assertive when opportunities for growth & advancement are presented

Learn the art of saying "no" when it is suitable or necessary

Covenant Church Resources

Covenant Training Institute School of Business

Business and Technology

Business Life Teams

Working Women

Covenant Business Network